

Smoothies

5.75

add protein shot 2.00

*100% fruits and juices
NO syrups or ice added!*

Fabulous Fruit

Assorted berries, pineapple, apple, banana & apple juice

Strawberry Banana

Strawberry, banana with frozen yogurt & milk

The Green Fairy

Pineapple, spinach OR kale, banana & apple juice

Blueberry Bomb

Blueberries, oats & almond milk

Island Cooler

Pineapple, banana, apple & pineapple juice

Peanut Butter Delight

Peanut butter, banana with frozen yogurt & milk

Mocha Java

Fresh brewed coffee, banana, chocolate with frozen yogurt & milk

Create Your Own

Includes a juice and up to 3 items of your choice. Add items 0.50 each

Milkshakes

5.60

*All milkshakes are custom made!
Select 3 scoops of any flavour*

Juice Bar

Alkaline Special 7.75
Carrot, cabbage & celery

Anti-Virus 7.75
Apples & oranges

Blemish Blaster 7.75
Carrot & green bell pepper

Body Cleanser 7.75
Carrot, cucumber & beet

Carrot Cucumber Cooler 7.75
Carrot & cucumber

Carrot Juice 5.75

Fresh Squeezed O.J. 5.75

The Champ 7.75
Carrot & apple

Cholesterol Be-Gone 7.75
Carrot, apple, ginger & parsley

Green Power 8.75
Cucumber, celery, spinach & green bell pepper

Immune Juice 8.75
Carrot, celery, apple, beet, wheatgrass & parsley

Singing Apple 7.75
Apple & ginger

Secret To Health 7.75
Carrot, celery, parsley & garlic

Wheatgrass Shot 3.65

Ginger Shot 3.65

Create Your Own Juice 8.75

Espresso Bar

**We offer a full espresso bar selection
Proudly serving BUDDY BREW**

Sweets

Cosmicy Cookie 3.65

Original Macaroon (GF) 2.35

Chocolate Chip Macaroon (GF) 2.69

Gourmet Popcraft Popcicle 4.15

Working Cow Ice Cream (2 scoops) 3.95

Sides

Hummus & Pita 5.75

Kalamata Olive Pâté & Pita 6.75

Baba Ghanoush & Pita 6.75

Raw Veggies & Hummus 6.75

Tuna Salad 6.75

Tabbouleh 6.50

Wheatberry Salad 6.50

Baked Sweet Potato Sticks 4.95

Pita Bread 2.00

Catering

**Ask us about our catering services for
your next special event, party or
business meeting!**



Mickey's Café & Organics

Monday – Friday
7:30 AM to 8 PM
Saturday
8 AM to 8 PM
Sunday
10 AM to 5 PM

FRESH. LOCAL. ORGANIC.

318 Central Avenue
St. Petersburg, FL 33701

727-851-9833
727-851-9832

www.mickeyscafeandorganics.com

Salads

Choose Your Homemade Dressing

Balsamic, Raspberry, Mango-Chardonnay, Honey-Mustard, Gorgonzola or Oil & Vinegar

Strawberry Fields

Romaine, shredded carrots and red cabbage, sprouts, tomatoes, cucumber, strawberries, crumbled feta, pecans & raisins **12.15**

Chicken Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts topped with our chicken salad (pulled oven-baked chicken, light mayo, pecans, raisins & celery) **11.75**

Jerk Chicken Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our jerk chicken **11.75**

Tuna Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our tuna salad: albacore tuna, light mayo, pecans, raisins & celery **11.75**

Cretan Salad

Romaine, cucumber, tomatoes, red onion, boiled potato, kalamata olives, capers, croutons, two dolmades, topped with lumps of soft goat cheese, sprinkled with oregano **12.15**

Greek Salad

Mickey is Greek! Romaine, cucumber, tomatoes, green pepper, red onion, kalamata olives, pepperoncini, crumbled feta & oregano **10.50**

Salad Sampler

Separate heaping scoops of wheatberry salad, tabbouleh & hummus on a bed of romaine, shredded carrots and red cabbage, cucumber & tomatoes. Served with sliced pita **12.15**

More Salads

Spinach Deluxe

Baby spinach, shredded carrots and red cabbage, cucumber, tomatoes, sliced hard-boiled egg, sprouts, pecans & raisins **10.50**

Just Green Salad

A phytonutrient blast! Romaine and spinach base with cucumber, green peppers, avocado, celery, sprouts **10.75**

Roasted Veggie Salad

Roasted carrots, zucchini & squash on a bed of romaine, cucumber, tomatoes, sprouts, with crumbled feta cheese **10.85**

Antipasto Salad

Romaine, cucumber, tomatoes, topped with turkey, ham, salami & provolone cheese **11.50**

Curry Egg Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our curried egg salad **10.50**

Raw Power Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, shredded beets, topped with hearts of palm **9.95**

Caesar Salad / Chicken Caesar Salad

Romaine, croutons, shredded parmesan cheese, with creamy caesar dressing. With chicken 10.95 **7.75 / 10.95**

Garden Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts **7.50**

Soups

Always one for the vegan

Cup 4.75

Bowl 6.25

Wraps

Whole Wheat, Spinach or Gluten-Free

Chicken Salad

Oven-baked pulled chicken with celery, pecans, raisins and light mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Jerk Chicken Salad

Oven-baked pulled chicken with homemade chipotle mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Tuna Salad

Albacore tuna with celery, pecans, raisins and light mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Turkey Pesto

Deli-sliced turkey breast, provolone cheese and homemade pesto spread, romaine lettuce, shredded carrots and red cabbage **9.59**

Roasted Veggie

Roasted carrots, zucchini, squash and feta cheese, romaine lettuce, shredded carrots and red cabbage **9.25**

Southwest Special

Brown Spanish rice, black beans, shredded cheese and homemade salsa served warm off the press **8.75**

Curry Egg Salad

Curried eggs, salt, pepper and light mayo, romaine lettuce, shredded carrots and red cabbage **8.75**

Hummus

Homemade hummus, tabbouleh and sprouts, romaine lettuce, shredded carrots and red cabbage **8.75**

Very Veggie

Cream cheese, avocado and cucumber, romaine lettuce, shredded carrots and red cabbage **8.95**

Sandwiches

Cuban

Ham, Mojo pork, salami, swiss cheese, lettuce, tomato, pickle, mayo and mustard **10.25**

B.L.T.

7.95

Create Your Own Starting at 7.95

Lunch Combos

Upgrade from garden salad to a salad of your choice 2.00 extra

1/2 Wrap Special 12.45

1/2 Wrap of your choice, small garden salad, choice cup of soup & cookie.

1/2 Wrap & Salad 9.75

1/2 Wrap & Soup 9.95

Soup & Salad 8.75

Soup & Hummus w/ Pita 9.15

Daily Specials

MADE FRESH DAILY

HOT LUNCH

CHECK OUR MENU BOARDS

...OR JUST ASK!

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illnesses. Alert your server if you have special dietary requirements.

*** Prices subject to change without notice ***