

Smoothies

5.75
add protein shot 2.00

100% fruits and juices
NO syrups or ice added!

Fabulous Fruit
Assorted berries, pineapple, apple, banana & apple juice

Strawberry Banana
Strawberry, banana with frozen yogurt & milk

The Green Fairy
Pineapple, spinach OR kale, banana & apple juice

Blueberry Bomb
Blueberries, oats & almond milk

Island Cooler
Pineapple, banana, apple & pineapple juice

Peanut Butter Delight
Peanut butter, banana with frozen yogurt & milk

Mocha Java
Fresh brewed coffee, banana, chocolate with frozen yogurt & milk

Create Your Own
Includes a juice and up to 3 items of your choice. Add items 0.50 each

Milkshakes

All milkshakes are custom made!
Select 3 scoops of any flavour

Juice Bar

7-75
Alkaline Special
Carrot, cabbage & celery

7-75
Anti-Virus
Apples & oranges

7-75
Blemish Blaster
Carrot & green bell pepper

7-75
Body Cleanser
Carrot, cucumber & beet

7-75
Carrot Cucumber Cooler
Carrot & cucumber

5-75
Carrot Juice
Fresh Squeezed O.J.

7-75
The Champ
Carrot & apple

7-75
Cholesterol Be-Gone
Carrot, apple, ginger & parsley

8-75
Green Power
Cucumber, celery, spinach & green bell pepper

8-75
Immune Juice
Carrot, celery, apple, beet, wheatgrass & parsley

7-75
Singing Apple
Apple & ginger

7-75
Secret To Health
Carrot, celery, parsley & garlic

3-65
Wheatgrass Shot
Ginger Shot

8-75
Create Your Own Juice

Espresso Bar

We offer a full espresso bar selection
Proudly serving BUDDY BREW

Sweets

3-65
Cosmickey Cookie

2-35
Original Macaroon (GF)

2-69
Chocolate Chip Macaroon (GF)

4-15
Gourmet Popcraft Popcicle

3-95
Working Cow Ice Cream (2 scoops)

Sides

5-75
Hummus & Pita

6-75
Kalamata Olive Pâté & Pita

6-75
Baba Ghanoush & Pita

6-75
Raw Veggies & Hummus

6-75
Tuna Salad

6-50
Tabbouleh

6-50
Wheatberry Salad

4-95
Baked Sweet Potato Sticks

2-00
Pita Bread

Catering

Ask us about our catering services for
your next special event, party or
business meeting!

Mickey's Café & Organics

Monday – Friday
7:30 AM to 8 PM
Saturday
8 AM to 8 PM
Sunday
10 AM to 5 PM

FRESH. LOCAL. ORGANIC.
318 Central Avenue
St. Petersburg, FL 33701

727-851-9833
727-851-9832

www.mickeyscafeandorganics.com



Salads

Choose Your Homemade Dressing

Balsamic, Raspberry, Mango-Charolmay, Honey-Mustard, Gorgonzola or Oil & Vinegar

Strawberry Fields

Romaine, shredded carrots and red cabbage, sprouts, tomatoes, cucumber, strawberries, crumbled feta, pecans & raisins **12.15**

Chicken Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts topped with our chicken salad (pulled oven-baked chicken, light mayo, pecans, raisins & celery) **11.75**

Jerk Chicken Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our jerk chicken **11.75**

Tuna Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our tuna salad: albacore tuna, light mayo, pecans, raisins & celery **11.75**

Cretan Salad

Romaine, cucumber, tomatoes, red onion, boiled potato, Kalamata olives, capers, croutons, two dolmades, topped with lumps of soft goat cheese, sprinkled with oregano **12.15**

Greek Salad

Mickey is Greek! Romaine, cucumber, tomatoes, green pepper, red onion, kalamata olives, pepperoncini, crumbled feta & oregano **10.50**

Salad Sampler

Separate heaping scoops of wheatberry, salad, tabbouleh & hummus on a bed of romaine, shredded carrots and red cabbage, cucumber & tomatoes. Served with sliced pita **12.15**

More Salads

Spinach Deluxe

Baby spinach, shredded carrots and red cabbage, cucumber, tomatoes, sliced hard-boiled eggs, sprouts, pecans & raisins **10.50**

Just Green Salad

A phytonutrient blast! Romaine and spinach base with cucumber, green peppers, avocado, celery, sprouts **10.75**

Roasted Veggie Salad

Roasted carrots, zucchini & squash on a bed of romaine, cucumber, tomatoes, sprouts, with crumbled feta cheese **10.85**

Antipasto Salad

Romaine, cucumber, tomatoes, topped with turkey, ham, salami & provolone cheese **11.50**

Curry Egg Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, topped with our curried egg salad **10.50**

Raw Power Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts, shredded beets, topped with hearts of palm **9.95**

Caesar Salad / Chicken Caesar Salad

Romaine, croutons, shredded parmesan cheese, with creamy caesar dressing. With chicken **10.95 7.75 / 10.95**

Garden Salad

Romaine, shredded carrots and red cabbage, cucumber, tomatoes, sprouts **7.50**

Wraps

Whole Wheat, Spinach or Gluten-Free

Chicken Salad

Over-baked pulled chicken with celery, pecans, raisins and light mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Jerk Chicken Salad

Over-baked pulled chicken with homemade chipotle mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Tuna Salad

Albacore tuna with celery, pecans, raisins and light mayo, romaine lettuce, shredded carrots and red cabbage **9.59**

Turkey Pesto

Deli-sliced turkey breast, provolone cheese and homemade pesto spread, romaine lettuce, shredded carrots and red cabbage **9.59**

Roasted Veggie

Roasted carrots, zucchini, squash and feta cheese, romaine lettuce, shredded carrots and red cabbage **9.25**

Southwest Special

Brown Spanish rice, black beans, shredded cheese and homemade salsa served warm off the press **8.75**

Curry Egg Salad

Curried eggs, salt, pepper and light mayo, romaine lettuce, shredded carrots and red cabbage **8.75**

Hummus

Homemade hummus, tabbouleh and sprouts, romaine lettuce, shredded carrots and red cabbage **8.75**

Very Veggie

Romaine cheese, avocado and cucumber, cream lettuce, shredded carrots and red cabbage **8.95**

Sandwiches

Cuban

Ham, Mojo pork, salami, swiss cheese, lettuce, tomato, pickle, mayo and mustard **10.25**

B.L.T.

7.95

Create Your Own

Starting at 7.95

Lunch Combos

Upgrade from garden salad to a salad of your choice **2.00 extra**

1/2 Wrap Special

12.45

1/2 Wrap of your choice, small garden salad, choice cup of soup & cookie.

1/2 Wrap & Salad

9.75

1/2 Wrap & Soup

9.95

Soup & Salad

8.75

Soup & Hummus w/ Pita

9.15

Daily Specials

MADE FRESH DAILY

HOT LUNCH

CHECK OUR MENU BOARDS

...OR JUST ASK!

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illnesses. Alert your server if you have special dietary requirements.

* Prices subject to change without notice *

Soups

Always one for the vegan

Cup 4.75

Bowl 6.25